

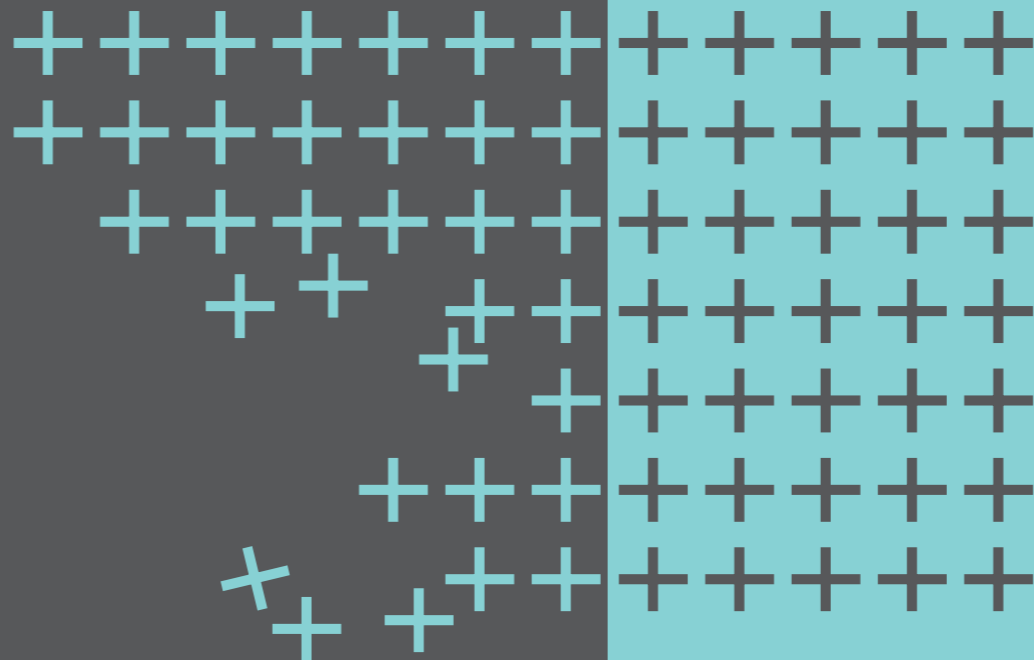
TRAUMA-INFORMED PRACTICE SYMPOSIUM

4TH MAY 2018

Technology Park. 2 Brodie-Hall Dr, Bentley

TRAUMA-INFORMED PRACTICE SYMPOSIUM

There is an urgent need for the sector to respond to the physical, psychological and emotional needs of children and youth who have experienced trauma. Research indicates that adopting a trauma informed approach to service delivery supports healing and empowers our young people.



SPEAKER ABSTRACTS



HOWARD BATH

THE THREE PILLARS OF TRANSFORMING CARE: TRAUMA AND RESILIENCE IN THE OTHER 23 HOURS

In this presentation Howard will explore what it really means for organizations to be 'trauma-informed', with an emphasis on translating the research and clinical wisdom for direct care and education practitioners. Drawing on his work with special care and education organizations in Australia, North America and Europe, Howard will explore the three core needs of children and young people who have experienced severe early adversity and the implications for providing protection, support and therapeutic interventions. Given that trauma speaks to what has gone wrong, Howard will emphasize the need for it to always be considered in the context of normal and healthy development with a focus on resilience, growth and healing.



CHERYL KICKETT-TUCKER

STRENGTHENING ABORIGINAL IDENTITY AND SELF-ESTEEM – HOW DOES MY ORGANISATION NEED TO RESPOND?

This is a unique opportunity to hear from a highly respected Traditional Owner, academic and community development practitioner. As founder of the Pindi Pindi Centre for Research Excellence in Aboriginal Wellbeing and Director of Koya Aboriginal Corporation, Cheryl has created a research and community development hub which represents urban Aboriginal people and is at the forefront of translating research into practice. Cheryl's presentation will challenge us to think about what changes need to occur within mainstream organisations and the system, to ensure Aboriginal security and wellbeing. She will share how her research is applied to grass roots programs and the importance of developing culturally secure engagement protocols with Aboriginal communities. Cheryl will ask us to consider whether we have the skills, knowledge, confidence, empathy and integrity to make these changes, and whether we are willing to act so as to make a real difference to the wellbeing of Aboriginal people.



TIM MCDONALD

BEING RIGHT IS NOT A STRATEGY

"What are the leadership behaviours that lead to cultural change?" This session will explore the dynamic of why change often fails and the need for leaders to understand the cultural nuances inherent in any work context even if they think they are right!



TERRY SIMPSON

"IT'S FLYING BUT CAN WE LAND IT?" (TRANSLATING POLICY INTO PRACTICE)

Why is it that many apparently sound policy initiatives flounder when it comes to implementation? In fact, what appears to be a well-researched and innovative policy solution can often start to fall apart once implementation begins. Terry Simpson explores some of the common reasons that policies fail to get traction on the ground, and proposes an approach to policy development that incorporates the building blocks for successful implementation within the policy development process.

SPEAKER ABSTRACTS



DR. PAUL BAKER
BETTER BEHAVIOUR POSITIVELY

Over the past 30 years, the understanding of the brain has grown rapidly. Information is now available to those in the helping fields that requires knowledge of how social and environmental experiences shape the brain and drive behaviour. Dr. Baker will introduce The PersonBrain Model, a Framework promoting hope and opportunity. The framework provides positive, brain-based supports grounded in research, theory and practice. Drawing from neuroscience, psychology, ecological theory and relational practice, Dr. Baker will lead a dynamic discussion outlining how our brains continuously develop within the contexts of our relationships and environments. From the moment we are born, our brains are learning to respond to experiences and can change accordingly. Discussion will include interactive ways by which the framework transforms negative experiences into positive outcomes through the power of strong, supportive relationships and strategic therapeutic planning.



SAIN DZEMAIL
POWERFUL CONVERSATIONS

Sain's personal experience of "going through the system" has inspired the development of his model, the "Insain Factor". The methodology is a process that empowers young people to take personal responsibility for their lives. Sain will provide a live demonstration of his simple, inspirational and effective model on how we can engage with young people through asking questions that matter. Sain's model is currently being trialled and tested to distinguish its effectiveness in supporting young people in Western Australia.

Sain's inspirational journey will inspire all in attendance.

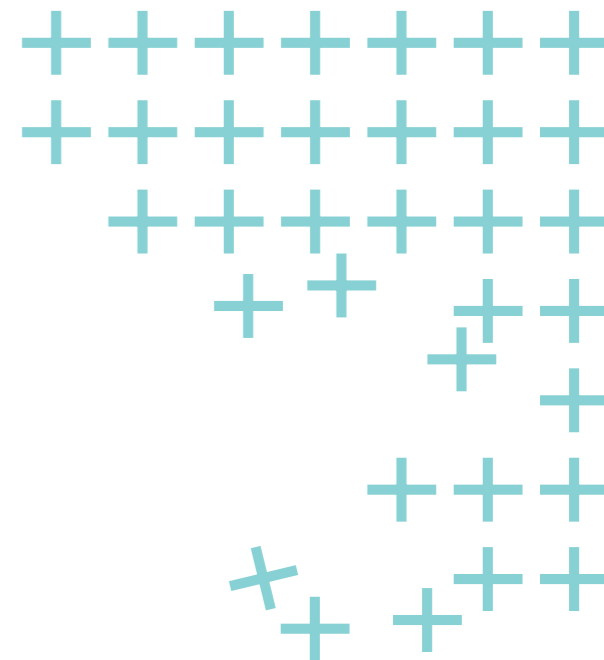
Sain is a co-author of the recently published book: Powerful Conversations (2018, Samantha Jansen Publishing)

Sain can be contacted through Insain at sain.dzemail@insain.com.au or visit www.insain.com.au



SIMON WALSH
MEETING INDIVIDUAL NEEDS – A
LOOK INTO ALLAMBI'S TRAUMA
INFORMED UNIQUE APPROACH

Allambi Care's unique trauma informed practice model is a Needs Based approach that has organically grown to meet the ever changing needs of the most vulnerable members of our society. Simon Walsh, Allambi's CEO, will delve into the challenges and opportunities of providing a trauma informed approach to care that individualises services where innovation, advocacy and collaboration are crucial. He will also discuss the bespoke strategies used to navigate market reforms, recontracting and political turbulence. He will detail the continuing journey of engaging over 800 staff to support 1200 individuals and their families through Allambi's shared vision in trauma informed practice. Simon will bring both a wealth of experience and a practical perspective to tackle the 'wicked problems' we face each day.



PROGRAM

8:00	Registration Opens
8:30	Welcome by Master of Ceremonies: Taku Mbudzi
8:35	Welcome to Country: Aunty Liz Hayden
9:00	Opening address: Jackie Tang, Assistant Director General, Department of Communities
9:15	Dr Howard Bath The Three Pillars of Transforming Care: Trauma and Resilience in the Other 23 Hours
10:15	Professor Cheryl Kickett-Tucker Strengthening Aboriginal identity and self-esteem: how does my organisation need to respond?
10:45	MORNING TEA
11:05	Dr Tim McDonald Being right is not a strategy

11:35	Terry Simpson "It's flying but can we land it?" Translating policy into practice
12:05	Dr Paul Baker Better Behaviour Positively
1:00	LUNCH
1:45	Sain Dzemail Powerful Conversations
2:15	Simon Walsh Meeting Individual Needs – A look into Allambi's trauma informed unique approach.
3:15	Hearing from the audience – an interactive open discussion facilitated by Taku Mbudzi and Joel Richards
4:15	Closing Address: Colin Pettit, Commissioner for Children and Young People
4:20	Evaluation and feedback from participants
4:30	CLOSE You are invited to join the speakers for networking

SPEAKER BIOS



TAKU MBUDZI

Taku Mbudzi is a Zimbabwe-born writer, comedian and podcaster based in Melbourne. Taku's stories inspire people to celebrate their uniqueness and dream boldly, no matter where they are from. She especially enjoys using humour to help children speak up and out for themselves. With over 10 years' experience speaking to young people in schools and at youth leadership events, Taku has worked with organisations like Halogen Foundation Australia, the Australia Day Council of WA, The Smith Family Foundation, Mission Australia, Mueller College and several local government councils.

In 2016, Taku was a guest speaker at YACWA's inaugural Catalyst Youth Summit in Perth and went on to facilitate their first 'Shout Out' program, teaching public speaking skills to 19 young people from migrant and refugee backgrounds. Since then, her storytelling and teaching have led her to Melbourne where she's producing a kids' television series based on her picture book Multicultural Me, published in 2015.

This month, Taku was announced as a host of The Moth StorySlam competition in Melbourne, based on New York's global sensation The Moth Radio Hour.

When Taku's not performing, she's talking about writing on her own podcast Two Words with Taku, which recently won the Writing+Podcast prize in frankie magazine's 2018 Good Stuff Awards. Taku is also on the judging panel for the 2018 Australian Podcast Awards.

More about her work at taku.com.au
[@takuspeaks](https://www.instagram.com/takuspeaks) (Instagram and Twitter)



DR HOWARD BATH

Howard Bath has had a long career working with children and young people in the child welfare and youth justice systems. He has been a youth worker, house parent, program manager, clinician and agency director. Trained as a clinical psychologist, Howard completed a doctorate in Social Welfare at the University of Washington. Howard was the inaugural Children's Commissioner in the Northern Territory. Currently, he provides consultancy and training services globally, focusing on the impacts of adversity and the promotion of healing and growth. Howard is co-author (with John Seita) of the recently published book: The Three Pillars of Transforming Care: Trauma and Resilience in the Other 23 Hours (2018, Faculty of Education Publishing, University of Winnipeg).

Howard can be contacted through Allambi Care in NSW: howardb@allambi.org.au



DR PAUL BAKER

Dr. Paul Baker is a developmental neuropsychologist who has worked with troubled children and youth for over twenty years. He has worked with troubled youth as a special education teacher, school administrator, clinical administrator, psychologist, foster parent and adoptive parent. Dr. Baker provides brain-based consultative services to schools, child and youth care facilities, juvenile justice programs, residential facilities, and professional groups. Paul contributes to professional development in the field of neuroscience and youth work and frequently speaks internationally. He is Clinical Supervisor at Allambi Care and the co-author of two books- The Hopeful Brain: Relational Repair for Disconnected Children, Better Behaviour Positively and Youth and The Minded Brain.

SPEAKER BIOS



**PROFESSOR
CHERYL KICKETT-TUCKER**

Professor Cheryl Kickett-Tucker is an Aboriginal Western Australian who is a Wadjuk traditional owner. She has traditional ties to her grandparents' Balladong and Yued country. Cheryl currently holds the position of Founding Executive Director, Pindi Pindi Pty Ltd, Centre for Research Excellence in Aboriginal Wellbeing; Professor, Indigenous Research Leadership, Centre for Aboriginal Studies, Curtin University; Adjunct Associate Professor, Centre for Child Health Research, The University of Western Australia; Honorary Research Fellow, Telethon Institute for Child Health Research; and, Honorary Consultant, Indigenous Health InfoNet. In 2008, Cheryl founded Pindi Pindi Pty Ltd- Centre for Research Excellence in Aboriginal Wellbeing, a research hub representing urban Aboriginal people. Cheryl translates her research to Aboriginal community development programs. Cheryl is a voluntary member of the Board of Directors of Koya Aboriginal Corporation, a local not for profit Aboriginal organisation in Midland, WA.



TERRY SIMPSON

Terry has worked in Queensland, the Northern Territory and Western Australia in the fields of child protection, corrections and disability services. His most recent appointments were Executive Director, Prisons, Department of Justice (1999-2004), Executive Director, Corporate Services, Ministry of Justice (1996-1999) and Assistant Director General, Department for Community Services (1987-1996). He retired from the position of WA State Manager, National Disability Services in 2014 and currently works as a consultant. Terry is a former Chairperson of the AASW National Social Policy Committee and current Convenor of the AASW WA Social Policy and Advocacy Practice Group.



SIMON WALSH

Simon Walsh is the CEO of Allambi. After working for over 5 years as a nurse in the mental health field, he began with Allambi Care in 1998, developing and overseeing therapeutic programs for children, youth and adults. Allambi Care currently provides accommodation and intensive therapeutic support services for people based in Lake Macquarie. Simon is a trainer in Response Abilities Pathways (RAP), Person Brain Neuro-Relational Model and Therapeutic Crisis Intervention (TCI). Simon's own experiences in a family who regularly fostered troubled children and youth have led to an interest in the effects of trauma and the application of research into the brain. This research informs the continual development of Allambi Care's strength based programs.



SAIN DZEMAIL

Sain calls himself 'someone who has been through the system'. He has studied the behaviour of young people for over a decade and is a youth-worker, counsellor, mentor, strategic advisor, author and speaker. Sain specialises in supporting youth, agencies and parents in the areas of education, employment, relationships, mental health, life skills and working through barriers. He has supported youth from all over Western Australia and assisted them to overcome drug and alcohol addiction, mental health issues, abuse and suicidal ideation. He empowers young people to recognise what is important to them and fulfil their vision. He connects disadvantaged people from all over WA, through his commitment, passion, energy and desire to make a difference.

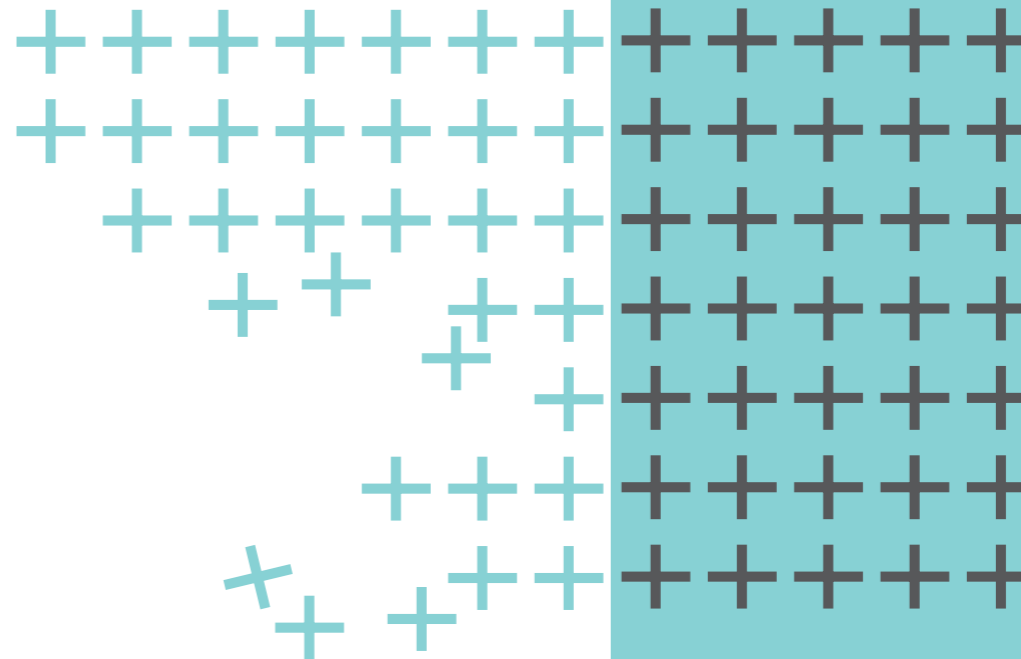
He is the managing director of "Insain Youth Services" supporting young people to create a vision and work through the "Insain Factor".

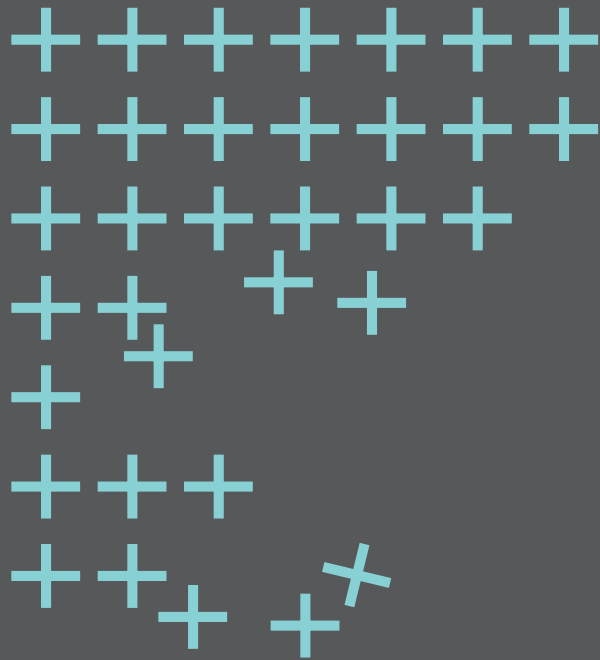
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