

LOW WASTE CHALLENGE



Tick what you already do to reduce your waste and circle things you're keen to try out!

Bought a textile second-hand instead of new

Use a reusable drink bottle that I made or bought

Picked the odd looking produce at the shops

Made a low waste kit to use out and about

Labelled my food before I put it in the freezer

Borrowed clothes from a friend instead of buying new

Made a grocery
list and stuck to it
while shopping

Gave my friend a textile instead of throwing it out

Emptied, cleaned and dried an item before recycling it

Cut up an old textile to use as a reusable cleaning cloth

Taken the lids off items before recycling them

Cooked a meal with what you already had in the kitchen

To find out more ways that you can reduce your waste, visit <u>yacwa.org.au</u> and click on the <u>Youth Educating about Waste</u> page to download our resources!





